



Mental health support Hillingdon – contact numbers:

Communicare – Counselling and mental health
Redford way, Uxbridge – 01895 256056

The Samaritans of Hillingdon
Community services/non-profits
2 press road, Uxbridge – 0330 094 5717

Hillingdon Women's centre
Women's health clinic
333 Long Lane, Hillingdon – 01895 259578

Cygnets Hospital Harrow
Psychiatrist
London Road, Harrow on the Hill – 0208966 7000